



ANAGHA P. ATGUR

Founder & Chief Counselor,
VitaMind – Counseling and Family Mental Wellness



ACADEMICS

- Masters (Counselling Psychology)
University Rank Holder, S.N.D.T, Pune
- PG Diploma (CAPEP)
Jnana Prabodhini, Pune
- Bach Flower Remedies Practitioner
BFRP, London
- Advance Diploma (CDM)
Pennsylvania, USA

Clientele

Mrs. Anagha P. Atgur, has been working in psychology field from last 15+ years. She has worked with hundreds of clients across India, USA and Singapore. She draws from her breadth and depth of knowledge, vast on field experience and genuine concern for well being of her clients.

200+

Clients Served

15+

Years of experience

2000+

Counseling Sessions

200+

Workshops conducted

Experience

She is founder of venture VitaMind which works in the field of psychology and mental wellness. Her experience spans complete psycho analysis, therapies and remedies. She has conducted several workshops, trainings on various relevant topics in field of emotional well-being, personal management and counseling skills.

Associations

- Anagha is also serving as visiting faculty in reputed institutions. She is regular writer and columnist in established newspapers like Sakal and Maharashtra Times.
- Anagha also is invited to conduct workshops and sessions to various institutions across Pune and India. Tie ups with corporates and institutions



ASSOCIATIONS

- Working as visiting faculty in premier institutions across Pune
- Chief mentor for professional internship programs in field of psychology
- Empaneled as Counsellor on various Corporate Institutions

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Anagha Atgur's

VitaMind

Family Mental Wellness